



Annual General Meeting

On May 3rd we held our 57th AGM - a big thank you to those who were able to join us in person for a lovely afternoon. You can find our 2022 Annual Report or watch our 2022 Impact Report video here.

Partnership with Calgary Surge

Meals on Wheels + basketball?? Bet you didn't know those two things could go together! In a newly established partnership with Calgary Surge we are thrilled to be providing fun community engagement opportunities before each home game during their season at the WinSport complex plaza. We will also work with the Surge all yearlong to spread the word about what we do, our impact, and fight against food insecurity in Calgary together! Check them out online and if you're heading to a game come say hi to us in the plaza!

2023 Schedule - Calgary Surge Basketball Team - CEBL



YYC Hot Chocolate Fest Success!

We are thrilled at the success of the 2023 YYC Hot Chocolate Fest! There are still a few donations yet to arrive, but we can already announce that for the first time it its 12-year history we have raised over \$100,000!! Many thanks to all the Calgarians who went out in February to enjoy tasty chocolatey drinks! Next up... ice cream!

YYC Summer Scoop Fest is coming!

After last year's successful pilot project, YYC Summer Scoop Fest is here to stay. In its first official year, Calgarians can enjoy ice cream treats at participating vendors all around the city in early summer. Running from June 30 – July 7, a portion of all sales of the "feature chilled treat" from each vendor will be donated back to CMOW. Check out the Scoop Fest website and follow the Fest socials (IG and FB) for updates and sneak peaks of the tantalizing treats on offer.

Wheels 4 Meals - Our inaugural car show

On Sunday June 11th we will be hosting a car show! Using our facility in the Southeast as the centrepiece, classic cars of all kinds will line up to show off at the Meals 4 Wheels annual Show and Shine. We are expecting upwards of 200 cars and 1,000 guests to attend, where, in addition to checking out some very cool cars, they can also get a snack, play the 50/50, try their luck in a raffle, and more. If you have a car you'd like to exhibit you can register here. If you'd like to help us out during the event, please email Konnor at konnor.weed@mealsonwheels.com to volunteer.



Save the date - Annual Community Stampede BBQ!

We are opening our doors and grilling burgers for the community on **July 12th** at our annual Community Stampede BBQ! This event has sadly been on hold for the last few years, but now we are happy to welcome you back and would love our supporters to come out for some food, take a tour of the kitchen, play some games, and meet the staff that work so hard to serve our community. 12pm-2pm, rain or shine!

Communities Grow Together

This spring we are reaching out to the community in two ways – with a fundraising letter, and with a door-hanger meant to inform people about our service. If you would like to contribute to the cause at this time, you can donate here, or help us spread the word about what we do by sharing our message with your network. For example, most people probably don't know that 66% of the individuals we help in Calgary are children, or that in 2022 we served over 700,000 meals to kids in schools!

However you choose to help your community, we thank you for being on our side!



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