



## Important Updates

**Good-Bye Erica:** After almost three years as our Volunteer Program Coordinator, Erica is unfortunately leaving us. We will miss her commendable determination to track and fill gaps in routes, and she will miss all our incredibly kind and generous volunteers. She says, "Thank you to each and every one of you for your dedication to our clients and our work. It has been an honour and a privilege to work with such a warm, caring and devoted volunteer team."

Erica's last day will be September 8, and we will begin our search for her replacement promptly.



**Thank you for all your efforts, Erica!**

## More News:

**No Reception:** We no longer have a Receptionist answering calls on the main line. Here are our direct lines to help you reach us. We suggest saving them in your cell phone:

**403-648-2946** – Meal Delivery Hotline – For any issues or concerns during meal delivery  
10:30am-1:00pm

**403-648-2945** – Volunteer Coordinator – For scheduling or any questions or concerns outside of meal delivery window

## Save-The-Dates

- SEPT 4 (MON) OFFICE CLOSED for Labour Day (no meal delivery)
- OCT 9 (MON) OFFICE CLOSED for Thanksgiving (no meal delivery)
- NOV 13 (MON) OFFICE CLOSED for Remembrance Day (no meal delivery)
- DEC 25 (MON) OFFICE CLOSED for Christmas Day (no meal delivery)
- DEC 26 (TUES) OFFICE CLOSED for Boxing Day (no meal delivery)
- JAN 1 (MON) OFFICE CLOSED for New Year's Day (no meal delivery)

## Quick Reminder

**Undelivered Meals:** Please *always* call us when you are unable to deliver a meal and unable to leave it at the client's door. While you wait at the client's home, we will quickly try to figure out why they are not answering and then give you further instructions. If we instruct you to return the meal to the depot, please mark the route sheet as undelivered and notify the Depot Driver when returning your bags. The Depot Driver may attempt redelivering the meal if we have heard from the client in time.

If we do not know about an undelivered meal until it is back in the office, the meal goes to waste and the client may go without a meal.

## Volunteer Opportunities

### Making Sandwiches

We need your help making sandwiches for the Global Fest volunteers who will be working the week-long event. Shifts start this week! If you have a couple of hours to spare, [please sign up here](#). If you know someone new who would like to volunteer for this opportunity, please ask them to apply via our website:

[www.mealsonwheels.com/volunteer](http://www.mealsonwheels.com/volunteer)

### Casino Fundraiser

**October 14 – 15**

Elbow River Casino (218 18 Ave SE)

As many of you know casino fundraising makes a huge impact on the financial stability of charitable organizations in the province of Alberta. Volunteering your time for our casino shifts is a huge support to the programs we offer! [Please click this link](#) to review the available shifts and sign up. Thank you!

### Open Shifts for Meal Delivery

Please help us fill the gaps as folks take their summer vacations. Thank you!!

North: [Sign up here](#)

South: [Sign up here](#)

## Reminder!

You have until August 31st to double your impact on donations made to our Hot Soup program. Help us continue to provide this free service for schools in lower-income communities in Calgary. Click below to make your donation today!

Calgary  
**Meals  
on Wheels**



Further your impact with  
**Shaw Birdies for Kids.**

## Welcomes & Anniversaries

### July:

**23 Years:** Roberta M. **15 Years:** Victoria T. **10 Years:** BCL Consulting Group, Donald L., Erin R., Vicky W., Janice K., Tory M., Beth H. **5 Years:** Ken M., Steven W. **1 Year:** Jill G., Mina R., Omar O.

### August:

**53 Years:** St. Bonaventure Parish **37 Years:** Foothills Lutheran Church **5 Years:**

Lori B., Darlene T., Sharon W., Maria D., Nola D. **1 Year:** Jim K., Andrea R., Joan C., Michelle W., Attrina B.

**A warm welcome to our newest Volunteers:** Crescent Group Realty, Shirley G., Shannon H., Hazel I., Aseel E., Gordon F., Hussein B., Tina B., Dana F., Douglas F., Thomas A., Janice C., Kimberly C., and Lowanda G.

## Your Impact...

*"Thank you for the lovely bouquet flowers, and thanks to the driver(s) who delivered them so carefully! Tears of joy came to my eyes when I saw them. They're so beautiful and arranged so elegantly. They're music to my eyes. Thanks so much!"*

*-Client*

### Calgary Meals on Wheels

(403) 243-2834 | [info@mealsonwheels.com](mailto:info@mealsonwheels.com) | [mealsonwheels.com](http://mealsonwheels.com)

STAY CONNECTED:



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